

New patient details:

Title: Mr □ Mrs □	☐ Miss ☐ Ms ☐	Dr ☐ Master ☐ (Other:			
		Surnar				
		[
		(W)				
				e:	Post Cod	e:
		Conta				
Relationship:						
Family Doctor:						
, Address:						
Referring Doctor:						
Address:						
		N				
•		Health care card				
				Exp:	/	
		orovide your Medicare de		,	,	
Parents name:		Ref	f: DOB: _	/_	/	
Workers compensa	ation:					
Claim no:			Date of	Iniurv:	/	/
		(
		Fax: Er Pho				
Privacy						
Permission to Collect a	nd Store Information:					
I have read the above	and agree to the colli	ection and storage of in	formation. Laut	horise Dr Ma	ark Perko to	release medica
		io/Insurance Company/S				
Signed:			Dato	. /	/	
JETTU.						



Medical history:

Hand dominance: Right □ Left □]	Weig	nt:	_ Height:		
How bad is your pain today? 0 –	No pai	n at all - 10 – Pain	as bad as it can be _			
Occupation/Job title:		Mai	n duties involved: _			
What is your current work status	?					
Normal duties Modified duti	es 🗆	Modified hours \Box	Student Retir	ed □		
Have you had a previous fracture	e? No 🛭	□ Yes □ <i>Please list</i>	:			
Have you had a previous surgery						
Have you ever had complications	after	surgery? No 🗆 Yes	s □ Please list:			
Have you had any previous anest	-					
Has a family member had any pro-	evious	anesthetic proble	ms? No □ Yes □ <i>Ple</i>	rase list:		
Do you take pain medication? No	o □ Ye	s □ if yes which? _				
Please list all other medications:						
Blood thinners	Yes	No	Plavix/Asprin	Yes	No	
High blood pressure	Yes	No	Cancer	Yes	No	
Diabetes	Yes	No	Insulin	Yes	No	
Sleep apnoea	Yes	No	Sleep machine	Yes	No	
Asthma	Yes	No	Hepatitis	Yes	No	
Heart attack	Yes	No	Liver problems	Yes	No	
Valve	Yes	No	Stomach ulcer	Yes	No	
AF/Rhythm problems	Yes	No	Indigestion	Yes	No	
Stroke	Yes	No	Prostate	Yes	No	
DVT/Blood clots	Yes	No	Epilepsy	Yes	No	
Depression	Yes	No	Thyroid	Yes	No	
Do you drink alcohol? No <a>O Yes <a>Do you smoke? <a>No <a>O Yes <a>Do you have any allergies? No <a>O	\Box If y	es, how many days	s per week? H	low many p	per day?	
Do you have any implants? No □ Other □ <i>Please list:</i>				-		
Do you play any sports?						
Please list past sports:						
List the main activities that cause	e pain	with this injury/co	mplaint:			
Please describe the main issue th	nat you	ı would like Dr Per	ko to address:			



Patient self evaluation – Shoulder injuries:

Are you having pain in your shoulder? ☐ Yes ☐ No
Do you have pain in your shoulder at night? ☐ Yes ☐ No
Does your shoulder feel unstable? (As if it is going to dislocate?) \square Yes \square No
How unstable is your shoulder? 0 – Very stable 10 – Very unstable

Tick the number that indicates your ability to do the following activities:

Activity	Left Arm				Right Arm			
	Unable	Very difficult	Somewhat difficult	Easy to do	Unable	Very difficult	Somewhat difficult	Easy to do
Put on a coat	0	1	2	3	0	1	2	3
Sleep on your painful side	0	1	2	3	0	1	2	3
Wash back/do up bra in back	0	1	2	3	0	1	2	3
Manage toileting	0	1	2	3	0	1	2	3
Comb hair	0	1	2	3	0	1	2	3
Reach a high shelf	0	1	2	3	0	1	2	3
Lift 5kg above shoulder height	0	1	2	3	0	1	2	3
Throw a ball overhand	0	1	2	3	0	1	2	3
Do usual work	0	1	2	3	0	1	2	3
Do usual sport	0	1	2	3	0	1	2	3
	Unable	Very difficult	Somewhat difficult	Easy to do	Unable	Very difficult	Somewhat difficult	Easy to do

Thank you for completing this form.